



Session

6



LEAVING EGYPT

Exodus 5:1-2; 6:1; 7:1-12:31

Having met with the Israelite leaders and determining their plight, Moses and his brother, Aaron, approached Pharaoh as God had instructed. The men asked Pharaoh to let the people go into the wilderness a little way and worship their God. Pharaoh was not keen on this idea and flat out refused. Pharaoh considered the request for time to worship to be a sign that the people were not working hard enough, so Pharaoh ordered the people's workload be increased. Moses returned to the people who were now upset by the new demand and blamed Moses for its implementation. Moses turned to God for help.

God encouraged Moses by telling him that God was now going to do something astounding. God's revelation of Himself to Pharaoh, the people, and Moses would bring about God's plan of rescuing these people from Egypt. The road would not be easy, but God promised that Israel would leave Egypt, and the people would worship God one day in the land He had promised Abraham.

Ordered by God to return to Pharaoh, Moses was understandably concerned. The people of Israel were already frustrated by what happened the first time Moses went to Pharaoh, and they were likely hesitant that this visit would produce something more harsh from Pharaoh. God had a plan to rescue His people and He was about to fully reveal Himself through a series of plagues. These plagues increased in intensity, and their purpose was to convince Pharaoh that the God of Israel was worthy of worship so Pharaoh would allow the people to leave.

The plagues God sent not only identified God's control over natural events, but they also showed the insufficiency of Egypt's false gods. Egypt had commodities in several areas. The Nile River was the main source of water for irrigation and life-sustaining resources. Crops and cattle were abundant and needed for food. Through the plagues, each of these commodities was systematically made irrelevant by the God of Israel.

SESSION FOCUS

TEXT TRUTH

Pharaoh learned what God could do.

BIBLE STORY

Exodus 5:1-2; 6:1; 7:1–12:31

BIBLE VERSE

Exodus 7:16

CHRIST IN CONTEXT

The Book of Exodus is the story of God at work through Moses to rescue God's people. In a greater way, Jesus was sent to rescue us from the bondage of sin.

BIBLE SKILLS: Preschoolers will . . .

- Remember and say a simple Bible phrase.
- Know that everything in the Bible is true.



CONNECT WITH FAMILIES

Provide these weekly resources to help families explore the Bible together.

- Explore the Bible at Home (Printable: Music & Print Extras)
- Preschool Activity Page
- Preschool Family Card

MISSIONS ACTIVITY: "TREAT" SICK PATIENTS



Tools: Bible, 2 toy medical kits, several gauze and stretch bandages, child's size scrub tops, 2 or 3 preschool books related to health care and doctors and nurses

- In one area of the room, set up a "doctor's office." Provide scrub tops (or large shirts) that fit over the children's clothing.
- Invite preschoolers to choose to be medical personnel or patients. Spread the towels on the floor to be beds.
- While children take care of patients, tell them that missionary doctors and nurses care for sick people.
- Comment: "These people use their skills and work together to help others. They pray that their patients will love and trust Jesus."
- Lead preschoolers to think of other ways people can be kind and loving and share their gifts, skills, and care with others.

LEADER TIP!

Include this special missions-focused activity in addition to preschoolers' Bible Explorations.

TROUBLES FOR PHARAOH

TEXT TRUTH

Pharaoh learned what God could do.

BIBLE STORY

Troubles for Pharaoh
Exodus 5:1-2; 6:1; 7:1-12:31

BIBLE VERSE

Let My people go so they may worship Me.
Exodus 7:16

Exodus 5:1-2; 6:1; 7:1-12:31

Pharaoh was the king in Egypt, and God’s people, the Hebrews, were Pharaoh’s slaves. The Hebrews worked hard and long every day.

Moses knew God planned to help His people, but things were getting worse. Moses talked to God.

God said, “Moses, see what I will do to Pharaoh. He will let My people go because of My strong hand.”

So Moses told the Hebrews that God would help them.

After that Moses and his brother went to see Pharaoh. Moses told Pharaoh that God said to let His people go. If Pharaoh did not release the Hebrews, God would punish Pharaoh and all the Egyptians.

Pharaoh did not let God’s people go.

Over and over again Moses went to Pharaoh to talk to him. Every time Moses told Pharaoh God said to let His people go. If Pharaoh did not obey, God would make terrible things happen to Pharaoh, the Egyptians, and the land.

But Pharaoh did not have a kind heart. He did not like the Hebrews. He did not let God’s people leave Egypt.

Finally, after God caused many terrible things to happen to Pharaoh and the Egyptians, Pharaoh was ready to let the Hebrews leave. Pharaoh called Moses to him and said, “Leave Egypt! Go, worship the Lord as you asked!”

And that is when Moses got the people ready to leave Egypt.

LEADER TIP

You choose! Are your preschoolers ready to learn memory verses? Decide which wording of the session Bible verse you want to use with your group.

BIBLE VERSE

From the Bible text:

Let my people go so that they may worship me. Exodus 7:16

Paraphrase:

Let My people go so they may worship Me. Exodus 7:16



CIRCLE TIME (10-15 MINUTES, DEPENDING ON YOUR AGE GROUP)

GATHER

- Play music and welcome preschoolers to Circle Time.
- Say: “Let’s play a rhyming game. I’ll say a word, and you say words that rhyme. What words rhyme with the word *slow*?” Suggest rhyming words, making sure the words *go* and *no* are mentioned.

HEAR THE BIBLE STORY

- Say: “After many, many years, God was ready for Moses to lead the people out of Egypt. In today’s story, you will hear what happened when Moses and his brother went to tell Pharaoh what God said.”
- Invite a child to open the Bible to Exodus 5 and hold the Bible while you tell the story in your words.
- Pass the Story Picture around the circle and ask the children what Pharaoh said to Moses: No!

PRACTICE BIBLE SKILLS

- Open the Bible to Exodus 7:16 and read the Bible verse.
- Give each child a streamer or ribbon. Tell preschoolers to wave their streamers as you sing (tune “If You’re Happy and You Know It”):
Let My people go so they may worship Me. Let My people go so they may worship Me. If you do not obey, bad things will come your way. Let My people go so they may worship Me.
- Encourage children to sing the song and continue waving streamers.
- Recall: “What was God’s message to Pharaoh? Let My people go!”
- Attach today’s Clothesline Add-on to the poster.

PRAY

- Pray that preschoolers will continue to learn from the Bible and know that God had a plan to rescue His people.

TOOLS

- Bible
- Music & Print Extras
- paper streamers or ribbon strips

PACK ITEMS

- 6 Story Picture: Troubles for Pharaoh
- 16 Bible Verse Markers
- 17 Text Truth Clothesline
- 18 Clothesline Add-ons

EXPLORATION STATIONS (45-60 MINUTES)

TEXT TRUTH

Pharaoh learned what God could do.

BIBLE STORY

Troubles for Pharaoh
Exodus 5:1-2; 6:1; 7:1-12:31

BIBLE VERSE

Let My people go so they may worship Me.
Exodus 7:16

PACK ITEMS

6 Story Picture: Troubles for Pharaoh
16 Bible Verse Markers
26 Family Word Cards
27 Traffic Lights

PRINTABLES

Ways to Worship Pictures

Set up at least three stations to provide choices of multisensory activities and movement for busy preschoolers. Use the Bible in every exploration.

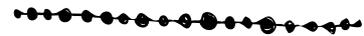
CREATE WALL ART



Tools: Bible, long piece of paper, tape, markers, crayons, glue, Ways to Worship Pictures, assorted people picture cutouts

- Tape the paper to the wall at preschoolers' eye level. Use a dark marker to write today's Bible verse on the paper.
- Invite two or three children to work together to glue pictures or draw pictures showing ways to worship. Read the Bible verse printed on the paper as children begin.
- Say: "God told Moses to give Pharaoh a very important message. Do you remember what God said? Yes, God said, 'Let My people go so they may worship Me.'"
- Comment that the pictures show who can worship God and ways people can worship God.

WEAR BIBLE TIMES CLOTHES



Tools: Bible, Bible times clothing or children's robes, sashes, scarves, Bible Verse Markers, nonbreakable mirror

- Mark Exodus 7:16 in the Bible with today's marker.
- Drape a scarf or sash around your neck and invite children to choose clothing to put on.
- Look in the mirror and say: "Our clothes remind me of Moses and other Bible times people."
- Encourage preschoolers to pretend to be Moses and Pharaoh. Suggest that one child pretend to be Moses; someone else can be Pharaoh.

FOLLOW INSTRUCTIONS

Tools: Bible, Story Picture: Troubles for Pharaoh, Traffic Lights

- Show children the Story Picture and remark: “Over and over again, Moses told Pharaoh that God would make terrible things happen if Pharaoh did not follow God’s instruction to let God’s people go.”
- Hold up the Traffic Lights. Tell children you will give them instructions by using the Traffic Lights. When you hold up the green light and say “go,” children may wiggle and move around.
- Say: “When I hold up the red light and say ‘no,’ you must stop.”
- After playing for a few minutes, direct preschoolers to sit down with you. Open the Bible to Exodus 7.
- Say: “The story about Pharaoh saying no to God’s instructions is in the Bible in the Book of Exodus.”

SPELL FAMILY WORDS

Tools: Bible, Family Word Cards, letter tiles, Activity Page

- Spread the letter tiles and Family Word Cards on a tray or table.
- Show a preschooler the Activity Page. Point to Moses and his brother.
- Say: “Moses went to Pharaoh to tell him to let God’s people leave Egypt. But Pharaoh said he would not let the people leave. He just made the Hebrews work even harder.”
- Pick up a Word Card and read it. Remark that the people working for Pharaoh included mothers, daddies, sisters, brothers.
- Encourage the child to find letters to spell the word on the Word Card. While the child is busy, tell more about the Bible story.
- Show the preschooler Exodus 7:16 in the Bible. Help him say the Bible verse with you.

LINE UP 10

Tools: Bible, assorted small items to count (plastic colored blocks, pom-poms, crayons, straws, paper clips, buttons, so on), small boxes to hold items, Preschool Family Card, paper

- Show children the Family Card. Comment: “Moses went to Pharaoh ten times to give the king God’s message. Ten times Pharaoh said no, he would not let the people leave.”
- Continue: “Let’s line up items in 10s to help us think about Moses’ ten trips and Pharaoh’s ten no’s.”
- Give each child a sheet of paper on which to line up ten items in the same category (i.e. 10 blocks, 10 crayons, so on).
- After children line up ten items on their papers, direct them to return the items to the boxes.